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EASTHAMPTON COMMUNITY CENTER



12 CLARK STREET

EASTHAMPTON, MASSACHUSETTS 01027

The Chronicle

Dear Friends of the Community Center,

When the word went out that area food pantries would not have any turkeys for Thanksgiving this year, Easthampton area residents and businesses started asking how they could help. It was such a heartwarming feeling, knowing that area people reached out to help their neighbors!

My heartfelt thanks to the following for their contributions towards the cost of turkeys; Kiwanis Club of Easthampton, Southampton, and Westhampton; Canton Business Systems; Donna Cushing; Finck and Perras Insurance Agency and Arbella Insurance Co; Big E's Supermarket; Easthampton Lion's Club; Our Lady of the Valley Parish special collection; Trinity Lutheran Parish; Off The Map Tattoo; Darci Cintron and associates doing the Zumbathon; The Helping Hand Society; The Rotary Club of Easthampton; Dave Sullivan; the many, many people that stopped by with gift cards, turkey certificates, and turkeys anonymously. If I have left anyone off this long list please accept my sincere apologies. Every contribution was special! All of the 920 families that needed food for their Thanksgiving holiday received a turkey or a chicken, and all of the fixings to make a complete meal! The Food Pantry distributed a record 21,600 pounds of food for Thanksgiving.

My deepest thanks to the volunteers that come each day to help in the Food Pantry. It has been an exhausting few weeks and we have moved thousands of cans, boxes, and bags of food in the two weeks preceding Thanksgiving! Thank you all!!

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Please scan this QR Code with your smart phone to make a donation on 12-10-14 for Valley Gives Day!



On 12–10-14 The communities of Western MA will be joining together for 24 hours to support non-profits working to make our region an amazing place to live!

This is an e-philanthropy event to encourage residents of Hampshire, Franklin, and Hampden counties to contribute to their favorite non-profits via **www.valleygivesday.org.** This will be the third year of our participation in this spectacular event and we hope to make it the best year yet! Funding raised goes to help feed your neighbors in need in our Food Pantry Program. You can schedule your donations anytime after December 1st.

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On Going Here at Your Center: ******

Tae Kwon Do
Class Monday and
Thursday nights from
6 to 8:30 PM
Cost \$5.00 per class
Line Dancing—
Class Schedule
Monday: 1-2:30 PM
Friday: 9:30—11AM
Cost \$3.00 per class
Landscape painting class with Carl Poole.
Bob Ross style of painting. Class will be taking a break for the winter months. The class will resume in March 2015

TOPS (Take off Pounds Sensibly) Meets every Wednesday from 6:30 to 8 PM. Come and learn a sensible way to healthy living. For more information call Dolores at (413)-203-1457.



Community Care Kitchen Dinners

Meals served from 4:30-6 PM Rolls & Butter, Juice & Coffee Served with all meals

December 2nd

Sloppy Joes Corn **Brownie** Sundaes

December 9th

"Christmas Dinner"

Roast Pork Mashed Potatoes **Glazed Carrots Applesauce** Apple Cake w/ice cream

December 30th

New Year Celebration Annual **Smorgasbord**



Pitch Club -

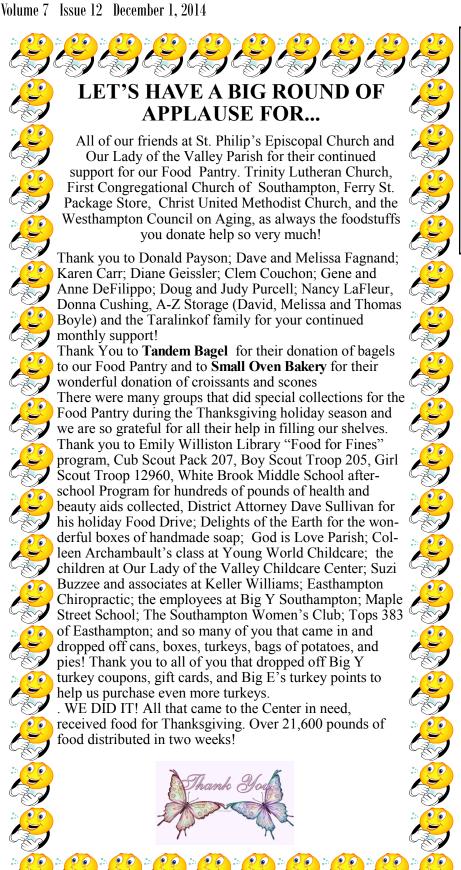
Monday,

Wednesday and Friday 9 AM until Noon

FREE BLOOD PRESSURE CLINIC

December 18th 10 AM to Noon







Travel News



There will be no trips in January and February due to uncertain weather conditions.

Municipal Coat and Food Drive

December 9, 2014



Municipal offices will

be collecting cans of food and gently used

winter coats to help the Community Center Food Pantry

Collection boxes will be available at City Hall for your donations.



Help us keep area families in our community warm this winter!

Easthampton Community Center Board of Directors meeting will be held on Thursday, December 11th at 1 PM. If you have any questions or concerns and would like to be placed on the agenda please call the office at 527-5240.

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Saturday, January 3rd at the Easthampton Community Center, from 2:30pm Film viewing (96min.) followed by discussion and sampling of plant-based foods

of plant-based foods.

Watch the acclaimed film that shows how a plant-based diet can reverse obesity, type 2 diabetes, hypertension and other common disorders. Offered by physician and Certified Food for Life instructor, Nora E Hanke. \$5. No preregistration required.



'Jammies for Juniors With all of us keeping the thermostats down to help with fuel costs, the Community Center again this year, wants to help families keep kids warm. We will be distributing a new pair of pajamas to all the children for the holidays. If you would like to help by donating a pair of pajamas or if your children need a pair of pajamas, please contact the office and let us know at 527-5240. Let's make it a warm, fuzzy holiday season in Easthampton!

A **Salvation Army** representative will be available on Monday mornings,9:30 to 11 AM in the main hall, to help anyone in need with vouchers for clothing, food, and utilities.



Merry Christmas from Mary Newton! add art candy canes celebrate chains chest Christmas trees codes cover date ear feed icicles love lovely massage house memories Merry Christmas mix Nicholas nine ninety six Pearl Harbor Day presents real remembrance resists rider Santa Claus shiny silver bells sound star Sundays sweet teeny theater toys treat

useful wide yearly

PMERRYCHRI TMAS REMEMBRAN EMAHMI OURE S LOVEL DHETA R B Y K R E E A R L V E R B E $\mathbf{E} \mathbf{Y}$ В ALGNC O V E R U S \mathbf{U} \mathbf{E} CANDYCANE REANH H D O A E SIRWI DEDO S H A Ε E DAAAU NICHOLAS T E OYC H R I S T M A S T R E E S

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Please bring an unwrapped toy under \$10 and I will bring a big Santa bag to collect and donate to the Easthampton Community Center who distributes gifts to local low income family's and cash donations go to the Easthampton Community Center!

A holiday Whobalation in Easthampton, come sing like the Who's in Whoville with a huge group of people who then join together to sing hand in hand!

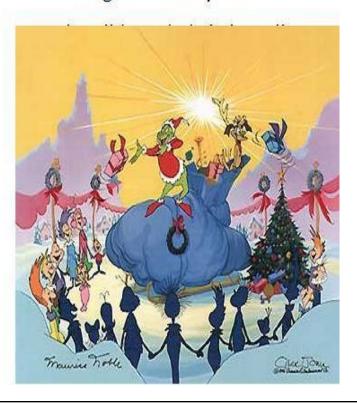
Feel free to invite as many people as possible!! The more Who's of Whoville the better!

Easthampton Holiday Whobalation

Sunday Dec.14th

6:00pm sharp @ Easthampton rotary center

Music
Hot Chocolate *provided by The Silver Singing
and great Holiday Cheer!



<u>SHINE (Serving Health Information Needs of Elders)</u> Dick B will be available to answer all your health insurance questions.

Please call the office at 527-5240 to make an appointment.

SNAP (formerly Food Stamps) Assistance is available at your convenience. Please call the office at 527-5240 to make an appointment.

<u>Fuel Assistance Questions?</u> Please call Community Action, First Call for Help, 56 Vernon Street, Northampton 800-370-0940

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EASTHAMPTON COMMUNITY CENTER, INC. 12 CLARK STREET, EASTHAMPTON

OFFICE HOURS: Monday through Friday 8:30 AM until 5:30 PM Friday AM- Office closed to go to the Food Bank



FOOD PANTRY/CLOTHING CLOSET HOURS: Monday 9 AM until Noon and 4 PM until 7 PM Tuesday (Clothing Closet Only) 9 AM until Noon Wednesday 9 AM until Noon and 4 PM until 7 PM